

# CARRIGROHANE UNION OF PARISHES



St Peter's, Carrigrohane

St Senan's, Inniscarra

The Church of the Resurrection, Blarney

The Carraig Centre, Ballincollig

[www.cupcork.ie](http://www.cupcork.ie)

2024

# harvest

FESTIVAL SERVICES

**SUNDAY 29TH SEPTEMBER**  
UNITED HARVEST SERVICE  
(ONLY SERVICES IN THE UNION THIS SUNDAY)  
**10AM & 11.30 AM** - ST PETER'S CHURCH, CARRIGROHANE

**SUNDAY 13TH OCTOBER**  
COMMUNITY HARVEST SERVICE  
**3.30PM** - ST SENAN'S CHURCH, INNISCARRA (P31 PV20)

**FRESH FOOD & NON PERISHABLE ITEMS WILL BE  
DONATED TO CORK PENNY DINNERS**



**Back to School / Work  
Blessing Tag 2024**

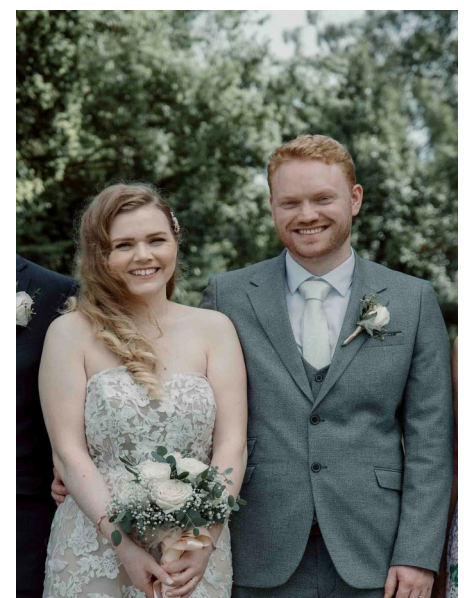
**Congratulations to Miryam Lightbody**

**& Simon Patterson**

**who were married in St Senan's**

**on 10th August**

**The Lord & the sun shone on their  
perfect day**



September 2024

## PARISH CONTACTS AND OFFICE HOURS

**Rector:** Rev Robert Ferris 085 1800720 Robert@cupcork.ie

**Associate Minister:** Rev Abigail Sines Abigail@cupcork.ie

**Community leader & Lead Evangelist:** Matt Gould 085 1080067  
matt@carraigcentre.ie

**Pioneer Evangelist & Youth Worker:** Sarah Louise Hockey 085 2774346  
sarahlouise@cupcork.ie

**TCC Bookings Manager:** Bill Lane bill@carraigcentre.ie

**The Carraig Centre reception:** Monday to Friday 9am—5pm

**The Parish Office:** Monday to Friday 9.30am—1.30pm

**Phone:** 4877260 office@cupcork.ie

**Parish Administrator:** Deirdre@cupcork.ie

**Parish Secretary:** Jaki@cupcork.ie

**Finance Officer:** Mary@cupcork.ie

**WEBSITE:** www.cupcork.ie & find us on Facebook and YouTube!

## Parishioners in Hospital ?

We can no longer be certain hospitals will provide us with notifications of parishioners who have been admitted to hospital. If you or any parishioner you may know is in hospital, please let the office know and a visit by the relevant chaplain will be arranged..

## Email Update ?

Each Friday we send out a message to all parishioners who have signed up—if you would like to get this please sign up on our website homepage or contact the office.

## New to the Parish?

If you have recently arrived in the Parish and found yourself wondering who we are and what goes on around here, don't hesitate to call the office or talk to Robert, Abigail, Matt or Sarah Louise . The Parish is a Church of Ireland Parish and as such has a structure unique to the Church of Ireland. At the beginning of February we will be revising our Vestry Roll which will provide the opportunity for you to add your name to the roll of members of the Parish and will allow you to vote at our Annual General Meeting of Vestry Members.

# From Robert's Desk!

## Our Common Life

It is amazing how the summer has flown by - I write this just before my final week of holidays. I wanted to take a few moments at the beginning of September to highlight a few things which are important at the beginning of a term.



### **Welcome to our newcomers**

It has been lovely over the past few months to welcome lots of new people into the fellowship of Carrigrohane Union. A parish like ours, in a city like ours does have at times influxes of people whether this be due to employment, family, education, housing or a myriad other reasons - you are welcome here.

Welcoming newcomers is something which is important to us in Carrigrohane Union - in the past it is something which has come naturally to us and we have done generally well - during this next season we'll be experimenting a bit especially at the carraig centre - some things we'll get right and some things we will have to tweak.

What I would say is if you are new, relatively or actually - the best way to get a sense of Carrigrohane Union of Parishes is to get involved - I've heard countless stories of people who feel at home here when "I was handed a tea towel and helped out with a task that needed done".

We are working on a Welcome Guide to the Union of Parishes which I hope will be ready by the end of the season.

Another great way of finding out more is finding time for a cuppa with any of the staff team - who would be delighted to have a cuppa and share with you about the parish and perhaps where you might fit in and how to get to know us a bit more. Do drop us an email - we'd love to have a chat.

### **Belonging to this community**

Any church community has its own identity and culture ('the way things are done').

In Carrigrohane Union we too have our unique identity

"Carrigrohane Union is a union of churches whose members are drawn from near and far. Each of our four congregations seeks:

- To be centred on the life and teaching of Jesus
- To grow in his love together
- To express his love in action"

Within this identity as parish - we express this in different ways through our God given S.H.A.P.E  
Spiritual gifts, Heart (Passion), Abilities, Personality, and Experience

We are a diverse team of people people who God has placed here at this time and as Rector I do believe that each person that comes through our doors has a unique SHAPE which can help us as we reach out with God's Love, build the church up as we worship God together.

Over the Autumn we will be chatting about ways to become more involved in the parish - but again do chat to the staff team if you'd like to find out more.

### **Our diversity**

Carrigrohane Union is in my opinion an amazing family - caring for one another through tough times and celebrating through good times. It is a church family that holds Christ teaching at the centre. We are a Church of Ireland Church, a member of the Anglican Communion.

Within this Union of Parishes we have church members who hold a hugely diverse range of views on all sorts of topics (as diverse as the Anglican Communion is!) and who work together within the parish, on our teams and committees across CUP.

I come back to the top - all are welcome here. Yes, from time to time there will be disagreement (sometimes deep & profound) but I can assure you that there is always a pastoral listening ear from me as Rector and within our teams, but more than that as we make decisions - we need to hear voices which ask the difficult & different questions and help us to answer some of the questions being asked by society today.

I bring us back to scripture and in particular appeal to 1 Corinthians 12 & 13 when dealing with diversity & issues where there is any disagreement within the body...  
v21 *The eye cannot say to the hand, "I don't need you!" And the head cannot say to the feet, "I don't need you!" as well as holding out for love in conflict as Expressed in 1 Corinthians 13.*

We are a body, a family - yes there is a mix of views in our congregations on all sorts of things (just this summer I have had in-depth conversations right across the churches on - Refugees, migrants, environmental crisis, housing crisis, LGBTQI+, Gaza/Israel conflict, USA Politics, baptism ...) with people from the parish on completely opposing sides of issues but who find commonality within our union of parishes with Christ at the centre of their lives.

Within the parish as in the rest of the Church of Ireland & Anglicanism generally there is a range of views sincerely held on these and a myriad of other issues and I want to assure those who come amongst us that within this diversity you are welcome to belong (in every sense of the word) here.

### **Coming back to our mission as a Union of Parishes**

Our mission is to be an authentic, open community of all ages and stages:

- Making whole-life disciples of Jesus who live and share his gospel
- Praying, playing, and learning together
- Worshiping God passionately

This is really really important - this is what we're called to be doing - this is what we are doing - this is the invitation of all of us within this body.

And within this as a Parish we will be displaying the **5 Marks of Mission**

The mission of the Church is the mission of Christ

1. To proclaim the Good News of the Kingdom
2. To teach, baptise and nurture new believers
3. To respond to human need by loving service
4. To transform unjust structures of society, to challenge violence of every kind and pursue peace and reconciliation
5. To strive to safeguard the integrity of creation, and sustain and renew the life of the earth

***"Growing in God's Love and Sharing it with others in the communities of which we are a part"***

As ever, I'm very happy to chat about anything here over a cuppa - [robert@cupcork.ie](mailto:robert@cupcork.ie)

*Robert*

Some recent summer Events ...



## Church's Ministry of Healing Online Course: God, Me & Anxiety

So many of us experience spikes in anxiety or find ourselves stuck in anxiety loops.

As this happens, our anxiety can make us feel smaller and we can feel separate, alone and even ashamed, even though lots of us are experiencing the same thing.

As Christians we may feel we are failing because God has invited us not to be anxious about anything. We forget that the Bible is full of people who are anxious or filled with dread or paralysed with fear or completely reactive and God's invitation is for us to acknowledge our experience and then to bring that experience to Him and rest in His infinite compassion and a peace far greater than even the most overwhelming anxiety.

The course is an opportunity to learn more about anxiety and our response to it, and to lean in more to a compassionate God who longs to tend to all the parts of us, even the parts that are struggling.

The course is very gentle, inviting our curiosity and compassion, and a turning towards God, who is Love.

We'd appreciate you sharing it within your own networks. Sometimes someone might not be ready to join a course, but even knowing such courses exist can be helpful.

Here's the link for booking into the course, with all the info on times and dates:

[God, Me & Anxiety Tickets, Wed, Sep 11, 2024 at 7:30 PM | Eventbrite](#)

***Lydia Monds, Ministry Leader for the Church's Ministry of Healing: Ireland***

## Bible Study Groups

As Christians we are like coals in a fire, together we burn brightly but alone, we lose our fire and eventually burn out and become cold embers. One way to keep our spiritual spark going is to be part of a Bible Study group where members can study God's Word, pray together and enjoy fellowship. If you'd like to join any of our Bible study groups, let Deirdre know in the office (4877260/Deirdre@cupcork.ie) and she'll direct you to one in your area.

**St Peter's Group:** starts **18 September at 7.30pm** in St Peter's Church—meets 1st & 3rd Wednesday each month

**St Senan's Group:** starts **Wednesday 28th September at 11am**, in St Senan's Church, Inniscarra—meet fortnightly

**Blarney Growth Group:** starts **Tuesday 17th September at 7.30pm** every week in the Church of the Resurrection, Blarney

**Ballincollig Growth Group:** starts **Thursday 19th September at 7.30pm** every week in TCC

# CUP Youth Update Summer 2024!



This summer has definitely been different to the term-time rhythms but so full of joy at seeing God at work in the lives of our young people!

Throughout the summer we have gathered informally at TCC to work on projects and hang out. We also got to know some of the local kids from the nearby estates who have been coming to use the playground areas and are praying to be able to build more links with those in our local community.

The key event for our teens was attending the MOVE conference in Kildare where we learned about experiencing the “rest” of our lives by following the pace of Jesus, our Good Shepherd. We joined forces once again with the Trinity Church Dublin gang and had such a great time all together!

We are so thankful for the support of the parish in raising funds to attend MOVE through our bake sale in July. We raised €539.50 which was a huge help! Thank you so much to all who contributed!



Another notable development was the ordering of CUP Youth’s first merch – Dusty Lilac crewneck sweatshirts designed by our very own Issy Harris! (SL ordered some spares

so if anyone would like to buy one let me know!!)

We are so looking forward to the term ahead – getting back into our regular activities and also starting new things.

Please be praying especially for our young people who will be taking part in the Growing Leaders: Youth Edition course, beginning in October (with Mentor training in September).

We are so excited to equip and encourage these teens as they explore the gifts that God has given and seek to serve Him.



# CUP Youth Summer Update

## Key Dates

### Glow (4<sup>th</sup>-6<sup>th</sup> Class 7-9pm TCC)

Fri 20th September

Fri 4th October

Fri 8th November

Fri 6th Dec

### Glow MAX (Secondary School, 7:30-9:30pm TCC)

Fri 27th September

Fri 18th Oct

Fri 22nd Nov

Fri 20th Dec

### Sunday PM (On a Sunday!)

(Secondary school: 5:-7pm TCC)

Sun 8th September

Sun 22nd Sept

Sun 6th Oct

Sun 20th Oct

Sun 3rd Nov

Sun 17th Nov

Sun 1st Dec

Sun 15th Dec

## The Parish Picnic in St Senan's on Sunday 28 July



# Sheep's Head Hike

Two  
scenic  
routes



## Saturday 7<sup>th</sup> September 2024

Join us a family-friendly hike and  
help us to stamp out poverty



Our annual Sheep's Head Hike is a great day out for  
the whole family.

**Registration from 10.30 am at Kilcrohane  
Community Centre. Walks start at 11.00 am.**

Find out more and register:  
[www.caid.ie/SheepsHeadHike](http://www.caid.ie/SheepsHeadHike)

E: [cork@christian-aid.org](mailto:cork@christian-aid.org)

T: 087 243 9280



Christian Aid Ireland: NI charity no. NIC101631 Company no. NI059154 and ROI charity no. 20014162 Company no. 426928.  
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**Charlie Gould & Robert Devoy will do the walk. So If anyone like  
to join us please? It's for Christian Aid so donations are  
also needed & welcome".**

You can sign up [www.caid.ie/SheepsHeadHike](http://www.caid.ie/SheepsHeadHike)



**Thinking about Confirmation, Baptism,  
Dedication, Commitment to God in the next  
year ?**

**Do chat to Robert, Matt, Abigail or Sarah  
Louise We'd be delighted to chat through  
options**

# CLEANER WANTED!

We are looking for a new  
cleaner for the Church of  
the Resurrection, Blarney.

1 yr contract,  
3 hrs per week

Please contact the  
parish office if  
interested:  
[office@cupcork.ie](mailto:office@cupcork.ie)  
021 4877260



**Advance Notice Christmas Market Saturday 7th  
December**

Stalls will be available—if you would like more information  
contact Matt Gould—[matt@carraigcentre.ie](mailto:matt@carraigcentre.ie)



**Statement on the urgent need to conclude the present war and turn from the pursuit of death and destruction towards the promotion of life and peace from *The Patriarchs and Heads of the Churches in Jerusalem***

26 August 2024

**“Blessed are the peacemakers for they will be called children of God.”**  
*Matthew 5:9*

As we rapidly approach the twelfth month of the present devastating war, we the Patriarchs and Heads of the Churches in Jerusalem feel compelled to once again express our grave concerns over its dire direction. For despite repeated calls for the de-escalation of violence from ourselves and the international community, the situation in our beloved Holy Land has only continued to deteriorate.

Millions of refugees remain displaced, their homes inaccessible, destroyed, or beyond repair. Hundreds of innocents are weekly killed or severely wounded by indiscriminate attacks. Countless others continue to endure hunger, thirst, and infectious disease. Among these are those languishing in captivity on all sides, who additionally face the risk of ill-treatment from their captors. Still others, far from the battlefields, have suffered unchecked attacks against their villages, pastures, and farmlands.

Throughout this all, ceasefire negotiations have dragged on interminably, with the leaders of the warring parties seemingly more concerned with political considerations than bringing an end to the pursuit of death and destruction. These repeated delays, coupled with other provocative acts, have only served to heighten tensions to the point where we stand at the precipice of a full-blown regional war.

In view of these alarming developments, We, the Patriarchs and Heads of the Churches in Jerusalem, once again implore the leaders of the warring parties to heed our calls and those of the international community (UNSC Resolution 2735) to reach a rapid agreement for a ceasefire resulting in the end of the war, the release of all captives, the displaced, the treatment of the sick and wounded, the relief of those who hunger and thirst, and the rebuilding of all public and private civilian structures that have been destroyed.

Just as importantly, we call upon the leaders of these peoples, in concert with the international community, to take up without delay diplomatic discussions addressing longstanding grievances between them, leading to concrete steps to promote a just and lasting peace in our region through the adoption of internationally legitimate two-state solution.

While issuing these calls in the best interests of all who inhabit the region, we express our special concern for those Christian communities under our pastoral charge. These include those taking refuge in Gaza at St. Porphyrios Orthodox Church and Holy Family Catholic Church, as well as the courageous staff of al-Ahli Anglican Hospital and the patients under their care. We pledge to them our continued prayers and support both now and at the conclusion of the war, when we will labour together to build and strengthen the Christian presence in Gaza, as well as throughout the Holy Land.

Finally, we appeal to Christians and all those of goodwill around the world to promote a vision of life and peace throughout our war-torn region, recalling Christ's words, quoted above: "Blessed are the peacemakers, for they will be called children of God" (Matthew 5:9). During this time of extreme crisis, let us all recommit ourselves towards working and praying together with the hope that, by the grace of the 'Almighty, we might begin to realise this sacred vision of peace among all God's children.

*The Patriarchs and Heads of the Churches in Jerusalem*



*YOU'RE INVITED!*

# Brick Builders

*Saturday, 28 September*

*6:15-7:15 PM*

*@The Carraig Centre*

Come along for a hands-on Bible story for all ages together and creative brick building, finishing off with hot chocolate and biscuits!

**All welcome!**

**Free of charge, no pre-booking needed!**

*Kids: remember to bring an adult with you!*



## Reimagining C.U.P Family Ministry events

Over the past six months we have been considering all sorts of possibilities for reimagining the Family Ministry events programme for the coming school year.

It has been decided to pause running The Lighthouse and as the name has been synonymous with Messy Church here in CUP, the decision was made to change the name and create a new logo. Our new name is 'Kindle Family Faith' and as you can see our new logo incorporates the idea of a flame and the intergenerational nature of each family.



Whereas The Lighthouse Messy Church had a similar structure each month, the Kindle Family Faith events may take a different structure from event to event, but all will hold to the same values we had for The Lighthouse: The Messy Church values of Christ-centred, All-Age, Creativity, Celebration and Hospitality. Some events will run in either the Carraig Centre or Blarney but others will run the same session in both places at different times during the day

We hope that the variety of times and days, as well as the different event types, will encourage more families to come along and then to invite other families.

Our first planned event, Brick Builders, will take place on Saturday 28<sup>th</sup> September in the Carraig Centre from 6.15-7.15 PM. We will watch a Lego Bible story video, recreate part or all of that story and then have a yummy snack together. This event will be particularly suitable for families with children in primary school, but all are welcome to attend.

If you are interested in being involved with our new venture, there are many different ways to do this: from helping to plan activities to engage all the family; running an activity at an event; helping with refreshments; registering and welcoming families as they arrive; praying from home for the events beforehand and during each event. If you think you might be interested in any of these areas or would like more information, please speak to either Abigail or April.



**Sparks is back:**

**Friday 13 September**

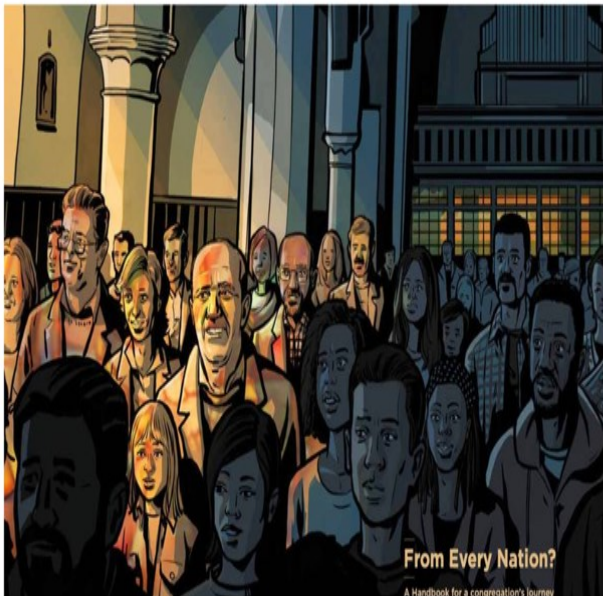
**10—11.30am**

**The Carraig Centre**

**All Toddlers welcome—bring a parent/carer**



# 'From Every Nation?' discussion group



The Irish Council of Churches has recently published a resource for churches entitled **From Every Nation? A Handbook for a congregation's journey from welcome to belonging.** A small group will be meeting online over four Thursday evenings to discuss the book together:

**19 September**  
**26 September**  
**3 October**  
**10 October**

If you'd like to participate, please contact Abigail  
([abigail@cupcork.ie](mailto:abigail@cupcork.ie)).

## *Music Among the Trees*

Raised **€1327.75**  
for  
**Cork Arc Cancer Support & The Migrant Centre**



Congratulations to all who organised this wonderful event!



## Prayer Ministry Training

**New Wine Ireland will be facilitating Prayer Ministry training on 8 February 2025 but in the meantime, we would like to expand our Prayer Ministry Team. If you are interested in this area of ministry, why not consider joining the team. In October we'll be providing our own training for new and existing prayer ministry team members. If you'd like to know more about it, speak to Chuck or Deirdre.**

## The Carraig Centre Update

After a quieter but still busy summer we are gearing up now for the autumn. During the summer we hosted Lego, Art, Acting, Creative play, Chess and YMCA camps with several school and community groups also using our Playarea facilities for outings as well as our own Family Fun days. Some of the camps were struggling to get enough participants, no doubt a reflection of the shortage of spare funds out there, but also probably due to the additional camp places the schools were offering at the end of term.

We decided to have a two week shutdown at the end of July to facilitate some maintenance work and painting, mostly securely fixing the mezzanine stair handrail, installing some skirting boards and perspex in the Main Hall and Disabled access toilet areas. Several areas were repainted as well. Wear and tear is a normal part of life in the Centre and is a great sign the place is being well used!

Now as we look forward to the coming season, we are counting on our Solar PV panels to help with our energy bills, they have been providing very useful energy and grid feed in earnings since the end of June and the impact is beneficial! We also have booked 35 new and returning weekly providers which promises to help make the coming year financially positive.

The West Wing detailed design exercise is progressing well with bi-weekly meetings running all summer. We are just about to sign off the specific floor plan and move to on to the detailed drawing stage. Over the coming months we will probably start some enabling works on the valley gutters at roof level and waterproofing some additional locations. The general plan is to commence the main build in the early months of 2025.

*Bill Lane*

### From the Registers

**Marriage:** 10 August 2024: Miryam Lightbody & Simon Patterson, St Senan's Church

**Baptism:** 11 August 2024: Leila Gould, The Carraig Centre

## **MU Equipping The Church To Take Action and End Domestic Abuse Programme**

The above programme starts **Wednesday 18<sup>th</sup> September** and finishes on **Wednesday 16<sup>th</sup> October** 2024, running from 7.30pm to 9pm each Wednesday evening.

The Irish edition of the ***Restored Guide for Churches to Address Domestic Abuse*** is the basic manual for the course and copies will be posted / delivered to participants prior to the first session.

**A Participants' Booklet**, will also be forwarded as a pdf to participants – it contains a helpful overview of each week and a little food for thought and restoration, a section containing useful prayers and a glossary.

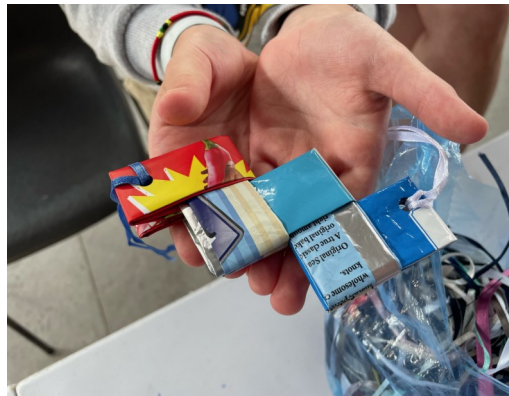
**Please let Deirdre ([deirdre@cupcork.ie](mailto:deirdre@cupcork.ie)) or Patsy ([patsydevoy1@gmail.com](mailto:patsydevoy1@gmail.com)) know if you'd be interested in doing this course.**





## Family Fun Day

We had a wonderful Family Fun day on Friday, 23 August--in the morning at The Carraig Centre and in the afternoon at Church of the Resurrection! Our theme was 'All things made new' and there were recycling crafts, outdoor activities, a story about 'The Tree of Life', and a quiet moment to add leaves to a prayer tree. Thank you to everyone who came along and especially to our volunteers!



NewWine  
Local churches changing nations

# Cork Weekend

Worship, Teaching & Ministry weekend  
15th - 17th November  
Blarney & Ballincollig, Co Cork.

New Wine Ireland will be facilitating the above training weekend from **15–17 November**. Part of the focus will be on **leading worship**. If you or anyone you know from other churches would be interested in this in-depth training, then make sure you keep that weekend free. There will be more information on this in due course.

## **Safeguarding Trust**

The Rector, Select Vestry and parish leaders are committed to upholding good practice in the Parish's ministry with children, young people, and vulnerable adults. Should you have a concern or suspicion regarding child welfare in the parish please contact a member of the parish panel below or any of the statutory agencies:

Robert Ferris – 085 1800720; Jane Moffatt – 086 8935866;

Ivan McMahon – 086 8125792

## **CUP Bank Details for Standing Orders or direct lodgements:**

Carrigrohane Union Select Vestry Current Account, AIB, South Mall, Cork.

Account: 21109077 IBAN: IE89 AIBK 9342 8321 1090 77

BIC: AIBKIE2D

*Continued grateful thanks to everyone for generous giving to the life & work of the Parish.*

*Please note that any lodgements and Standing Orders that are anonymous means your generous giving can't be included in the annual Tax Reclaim that is such a great help in our annual finances. If you prefer your name not to be on the bank statements, but you are willing to let Deirdre know who you are, we can do the necessary work to substantially increase the value of your gifts.*

## **Connecting With Us via Social Media**

We're on Facebook—[facebook.com/cupcork](https://facebook.com/cupcork)

We're also on Youtube—[youtube.com/cupcork](https://youtube.com/cupcork)

## **Pastoral Visiting**

It is always a great privilege for the clergy to visit parishioners in their homes. If you would like to request a clergy visit, please telephone the Rector (085 1800720) or Parish Office on 0214877260

**Don't Forget—The Deadline for Connect Newsletter is the 15th of the month—Please leave any articles in the Parish Office post box or send them to the Connect Newsletter email**

**[connect@cupcork.ie](mailto:connect@cupcork.ie)**

## Toy Library

We're open for 'business' on the first Friday of every month in the Playroom of the Carraig Centre.

**11.30am-12.30pm**

We're looking for helpers for our team so if you're free, why not join us.

**Patsy, Katie, Ruth & Ashling**



## MELTING POT Lunch

*Thursday 26 September*

*12.30pm in the Carraig Centre*

*All adults welcome—bring a friend!*

**(Please let Deirdre (4877260) or Patsy (087 6413559) know if you are coming just so we have an idea of numbers.**



## September 2024 Sunday Worship

In Carrigrohane Union of Parishes  
For links to online services—check out  
[www.cupcork.ie/hall](http://www.cupcork.ie/hall)

# Calendar for September

Date	St Peter's 10 am	Carraig Centre 11 am	St Senan's 11.30 am	Blarney 11.30 am
1.9.24	Morning Prayer	Sunday AM with bring & share lunch		Holy Communion
8.9.24	Holy Communion	Sunday AM	Holy Communion	
15.9.24	Family Service	Sunday AM with Holy Communion		Service of the Word
22.9.24	Holy Communion	Sunday AM	Morning Prayer	
29.9.24	Harvest Celebration at 10 am & 11.30 am in St. Peter's			