



CARRIGROHANE UNION OF PARISHES

St Peter's, Carrigrohane

St Senan's, Inniscarra

The Church of the Resurrection, Blarney

The Carraig Centre, Ballincollig

www.cupcork.ie



The Sheep's Head walk for Christian Aid on Saturday 2nd September.

Dean & Irene Venables, Charlie Gould & Robert Devoy went from the parish, A great day weather wise as well as being a brilliant and fun event.

Thanks to Charlie for this lovely photo



OCTOBER 2023

PARISH CONTACTS AND OFFICE HOURS

Rector: Rev Robert Ferris 085 1800720 Robert@cupcork.ie

Associate Minister: Rev Abigail Sines Abigail@cupcork.ie

Community leader & Lead Evangelist: Matt Gould 085 1080067
matt@carraigcentre.ie

Pioneer Evangelist & Youth Worker: Sarah Louise Hockey 085 2774346
sarahlouise@cupcork.ie

TCC Bookings Manager: Bill Lane bill@carraigcentre.ie

The Carraig Centre reception: Monday to Friday 9am—5pm

The Parish Office: Monday to Friday 9.30am—1.30pm

Phone: 4877260 office@cupcork.ie

Parish Administrator: Deirdre@cupcork.ie

Parish Secretary: Jaki@cupcork.ie

Finance Officer: Mary@cupcork.ie

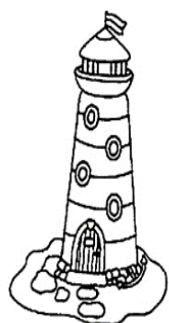
WEBSITE: www.cupcork.ie & find us on Facebook and YouTube!

Parishioners in Hospital ?

We can no longer be certain hospitals will provide us with notifications of parishioners who have been admitted to hospital. If you or any parishioner you may know is in hospital, please let the office know and a visit by the relevant chaplain will be arranged..

Email Update ?

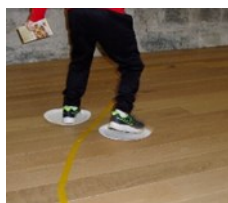
Each Friday we send out a message to all parishioners who have signed up—if you would like to get this please sign up on our website homepage or contact the office.



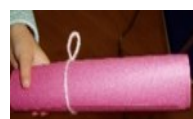
The Lighthouse Messy Church



On Sunday 24th September we held our first Lighthouse Messy Church of the new term. It was also the first time we met at the Carraig Centre. It was so good to welcome young leaders to the team. They brought so much creativity and enthusiasm with them and we so much appreciate their help.



This month the theme was God's Big Story and the activities were: Imaginative creatures



where we thought about God's amazing creation; Path Shuffle where we followed a path standing on paper plates and collected the words to Psalm 119: 133, then sorted them and thought about what it might mean for us; Ancient scroll where we looked at examples of

Hebrew and Greek alphabets and copied verses or letters creating our own scroll; weaving where we created a mat from paper and thought about what people rested on in biblical times and



the story of the paralysed man that Jesus told to stand up and carry his mat home (see Matthew 9:1-7);

Praise Phrases where we got to use words on cards to create phrases to praise God; and Match the Story where we thought about what stories different objects and pictures might be connected to and placed them on the Bible timeline. There was also lots of colouring done at the colouring table.

After the activity time we had our Celebration where we sang songs, heard God's Big Story and had an alphabet prayer-time where we chose different letters and thought of as many different things to thank God for starting with that letter, had notices, said the Messy Grace and then sat down and had a meal together with cake to finish. The afternoon was a great start to another year of Lighthouse Messy Church. The favourite activity of the afternoon was the imaginative creatures and as you can see from the photos there was a lot of creative and imaginative creatures made.

The dates for the rest of this term are: Sunday 22nd October, Sunday 26th November and Sunday 10th December. Everyone is welcome to come along and see what Messy Church is all about but children do remember to bring an adult with you!

Safeguarding Trust

The Rector, Select Vestry and parish leaders are committed to upholding good practice in the Parish's ministry with children, young people, and vulnerable adults. Should you have a concern or suspicion regarding child welfare in the parish please contact a member of the parish panel below or any of the statutory agencies:

Robert Ferris – 085 1800720; Jane Moffatt – 086 8935866;
Ivan McMahon – 086 8125792

CUP Bank Details for Standing Orders or direct lodgements:

Carrigrohane Union Select Vestry Current Account, AIB, South Mall, Cork.

Account: 21109077 IBAN: IE89 AIBK 9342 8321 1090 77

BIC: AIBKIE2D

Continued grateful thanks to everyone for generous giving to the life & work of the Parish.

Please note that any lodgements and Standing Orders that are anonymous means your generous giving can't be included in the annual Tax Reclaim that is such a great help in our annual finances. If you prefer your name not to be on the bank statements, but you are willing to let Deirdre know who you are, we can do the necessary work to substantially increase the value of your gifts.

Connecting With Us via Social Media

We're on Facebook—facebook.com/cupcork

We're also on Youtube—youtube.com/cupcork

Pastoral Visiting

It is always a great privilege for the clergy to visit parishioners in their homes. If you would like to request a clergy visit, please telephone the Rector (085 1800720) or Parish Office on 0214877260

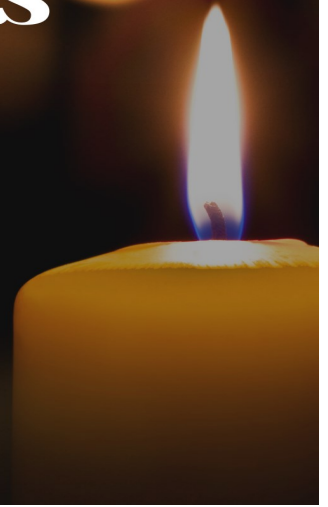
Quiet Hours
Church of the Resurrection, Blarney

Eve of All Saints' Holy Communion

**Tuesday, 31 October
8.00 PM**

**An alternative style Holy
Communion service with prayer
spaces, and prayers for
wholeness and healing**

All are welcome!



Can you help?

THE COMMUNITY TABLE

**Monday, 30 October
6:30 PM**

**Church of the Resurrection
Blarney**

**It's the season of
Harvest Thanksgiving!**

Our next Community Table is coming up!

If you can help with bringing food
to share, or as part of the
hospitality team on the night
please contact

Abigail (abigail@cupcork.ie)



**Carrigrohane
Union of Parishes**

YOUTH UPDATE

New Term for CUP Youth!

We have loved getting back into the swing of a new term - with regular activities restarting throughout the month.

"Sunday PM on a Saturday" has been enjoying working through the Alpha Youth material every other Saturday as we explore ways to share our faith. This small group has been a lovely space for discipleship, giving our young people confidence in articulating their faith.



Glow Max has grown with lots of new first years joining us this year. We are exploring ethical questions through short stories and discussions and enjoying the space to hang out together!

Glow is busy as ever with the word spreading to Ballincollig schools. Abigail had them captivated with an "Out of the Box" story about creation and we had a great night marshmallow constellation building, biscuit making and running around A LOT!

Please do be praying for our young people as we

accompany them on their faith journeys. For opportunities for them to experience God's love in new ways and for spaces for them to step into faith for themselves.

We have been so blessed in particular by their eagerness to serve - with some older teens helping out at Glow and Lighthouse.



If you'd like to be involved in the youth programme in any way please do get in touch it sarahlouise@cupcork.ie – we'd love to involve the wider church family more and more in supporting our young people.

AUTUMN CONCERT in St Peter's Church

Wednesday November 15th 2023, 7pm

with

Cork ETB School of Music Students

All welcome



The offering at our **Harvest Festival** will be directed towards this appeal

Bishops' Appeal for World Aid and Development has launched a disaster appeal in response to the catastrophic flooding in Libya. The floods, which were triggered by a Mediterranean storm, were focused on the city of Derna where almost 4,000 people are known to have died and over 9,000 are missing after torrents of rain and debris swept away entire districts.

Some 37,000 people in flood-affected areas have been displaced by the storm. The huge number displaced highlights the immediate humanitarian need for survivors now (facing needs of clean water, food, shelter, utensils and clothing), and into the coming months and years (rebuilding, reuniting, finding a safe place to call home).

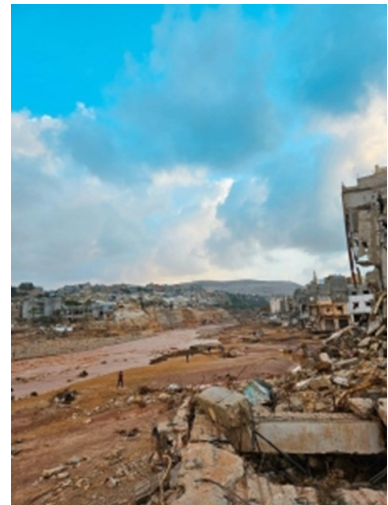


Photo: Dan Church Aid/DC

Support on the ground

This disaster has hit a country that already had a very complicated political situation, with power struggles leading to two opposing governments within Libya, and this has compounded the challenge of getting aid and support into the country.

The Bishops' Appeal will be channelling all funds through Christian Aid who are working with Dan Church Aid (DCA), its ACT Alliance partner, who have had an established presence in Libya since 2011, providing a confidence that those on the ground have a clear understanding of the situation and how money raised in our parishes can be used most effectively. We are grateful for the confidence that this gives us that all money raised will be used to benefit those in greatest need.

From Robert's Desk!

Together in October

This month our parish family will have 2 opportunities to worship together – Harvest in St Senan's and at the end of the month in the Carraig Centre for our United Celebration



Harvest Thanksgiving

This month sees our Harvest Thanksgiving services take place in St. Senan's Inniscarra – details elsewhere in Connect. This is one of the highlights of our annual calendar when we come together to give thanks to God for his provision for us. I would like to commend the decorating of the church to you and if you have something to bring along – fresh fruit and veg or non perishables – do bring them along as all of these things will get distributed to Cork Penny Dinners afterwards.

You will also see that a special collection will be made at that service for the Libya Emergency Appeal made by Bishops Appeal – again Details can be found elsewhere in this newsletter.

United Celebration – Christians Against Poverty (CAP)

Later this month we will also come together at the end of October for our United Celebration

I have invited CEO of the newly launched Christians Against Poverty Ireland

This is an organisation that is dear to my heart as it deals with a really important issue in our society – Debt and money management. Details of this charity can be found on capireland.ie

The churches in the area around my previous parish supported a CAP centre which is still running money courses and helping befriend people through the process of getting their finances sorted out.

On Sunday 29th October at 11am we will hear what CAP are hoping to do working alongside churches across the Island and what we might be able to help with. This Sunday will also be a bring and share lunch. As with all of our services - All are welcome.

In Faith

Robert

Christmas Dates for your diary:

Christmas Market in the West Wing: Saturday 2 December

St Peter's Carol Service: Friday 15 December at 7.30pm

Inniscarra Carol Service: Sunday 17 December at 7.30pm

Blarney Carol Service: Monday 18 December at 7pm



Diocesan News

The Commemoration Weekend for the 1400th Anniversary of the death of St Fin Barre, the Patron Saint of Cork, came to a close on Monday, 25th September, the Saint's Feast Day. Throughout the weekend a series of events were offered at St Fin Barre's Cathedral to allow everyone to visit, pray, and enjoy the beautiful surroundings of the Cathedral and its grounds.

Beginning on Friday morning at 11 am, the three local primary schools were presented with Wildlife Kits from the Cathedral's Operations Manager, Eoin Murphy, and the Deputy Lord Mayor, Cllr Colette Finn. The cathedral also arranged for a drama to be performed for the pupils to learn about the history of Cork.

In the evening Choral Evensong officially opened Culture Night at the Cathedral, which over 800 people attended this year.



On Saturday 23rd September Bishop Paul Colton started the day with a Commemoration Service. Nearly 1,000 people visited the cathedral throughout the day, of which nearly 80 people were Finbarrs and 1 of which was a poodle named Finbarre! Bishop Paul Colton had a small present for each of them. In the afternoon members and champions of the St Finbarr's GAA and St Fin Barre's National Hurling and Football Club visited together with the Lord Mayor, Cllr Kieran McCarthy.

In the evening the Celebrity Organ Recital with the renowned organist and composer Naji Hakim took place and everyone celebrated the 10th Anniversary of the Organ rebuild. Naji travelled from his home in the South of France especially to be with us for the weekend.

On Sunday, 24th September, a Festival Evensong for the Patronal Festival of Saint Fin Barre took place at the Cathedral. The preacher was the Dean of Ossory, the Very Rev. Stephen Farrell. As part of the Evensong a specially commissioned icon of Saint Fin Barre was consecrated by the Bishop



On Monday, a Quiet Day and Retreat for the clergy of the Diocese led by the former Archbishop of Armagh (and former Dean of Cork), the Right Reverend Dr Richard Clarke, took place at St Fin Barre's Cathedral. Refreshments for the clergy were provided all day at the Bishop's Palace.

The commemoration weekend culminated in the evening with the Ordination of the Rev. Martin Steele to the priesthood.

New Wine Women



New Wine Women events are back and the first one will be in Cork in the Carraig Centre. This is an exciting opportunity for women to see what God is looking to release among women in these days, as they gather to worship Him and seek His heart together. As it's in Cork, they decided to call it "unCORKed". Come and join us. Tickets are €20 and a light supper will be served. For tickets go to <https://www.newwineireland.org/events/new-wine-women-uncorked>.





Can you help?

COFFEE MORNING AND FAMILY FUN

**Monday, 30 October
10.00 AM - 1.00 PM**

**Church of the Resurrection
Blarney**

It's the season of Harvest Thanksgiving!

We're hosting a coffee morning and family activities during the half-term!

If you can help with home baking or being part of the hospitality team on the day please contact Abigail (abigail@cupcork.ie)

**Please bring along
donations of non-perishable
food, toiletry and hygiene
items for SVP!**

**Carrigrohane
Union of Parishes**

Development Works at The Carraig Centre

It is amazing how the Carraig Centre facility continues to adapt to the demands we are making as we settle into more normal, post-Covid operations. This brief update will show you some of the larger infrastructure changes underway. All such changes are managed by the Carraig Centre Operations Group (Matt Gould, Rob Devoy, Jane Moffat, Bill Lane) and the Board.

Main Hall Movable Wall Dividers

If you have visited the Carraig Centre in the last couple of weeks, you will have perhaps noticed that something has changed in the Main Hall! With a grant from Cork City Council of €30,000 we have installed, and nearly finished a movable wall that subdivides the Main Hall into a front two thirds and a back third. Since we opened over three years ago we have been using mobile accordion folding screens to close off different areas, but while they provided a degree of visual isolation between areas they don't give any sound isolation. That meant that it was harder to hold two simultaneous activities in the Main Hall. For example, our Sparks Toddler group is very popular and obviously and necessarily runs at high volume, while Enable Ireland is normally in the rear half of the Hall but has several very noise sensitive clients. Up to now we have solved this problem by giving Enable use of the Playroom and the Sparks group using mostly the front half of the Hall, a solution which while workable didn't satisfy either party due to less than optimum use of the various spaces! Now with the excellent acoustic isolation the new walls provide, both groups are delighted with their spaces and can co-exist in perfect harmony! Some on-going work is now needed to finish painting and some electrical work, e.g. moving emergency lights, electrical sockets and the speakers on the rear pillars, but the main function is complete. We hope to complete all the remaining works during an Enable Ireland staff training break in mid-November and fund the supporting building works costs of nearly €6000 from our own funds.



Fire Door Hold Opens



Fire safety has always been an important operational issue for us all in the Carraig Centre. With many users now and especially with several wheelchair users, ensuring that fire doors (those interior doors with blue circular labels stating "Fire Door Keep Closed") are not impeded or left in a fixed open position overnight is an important safety precaution. Shortly after opening we installed 7 automatic "Fire Door Hold Opens" on high traffic routes, including the Main Hall Double doors and Disabled Toilet access, Enable Ireland contributing 50% of the cost. An awkward name but an essential feature. Matt Gould applied for and won a grant for €25,000 to install another 12 such units on other doors which take a lot of traffic and are at risk of being left open. These units will hold the door open until a fire alarm sounds at which time they let the doors swing closed. Installing the unit now is significantly harder than if we had done it during the original building programme but given our cost constraints at the time it was left out. This work will proceed slowly due to the restricted access of our busy daily schedule, but we hope to complete during the school midterm break and November Enable Ireland break. I for one will sleep easier once these units are installed!

Solar Photovoltaic Panels

Around September time last year Jessie Kindler put me in touch with a company who works within the SEAI Community Energy scheme, SE Systems, and who organises community orientated energy saving projects under this scheme. After completing an energy audit for us, complementing us on the high quality of the Carraig Centre space from an energy point of view, they have developed a proposal which has just recently received verbal approval by SEAI for funding under the Community Energy Scheme. This is a particularly advantageous programme as the majority of our entire costs of around €57,500 to install roof mounted Solar Photovoltaic panels, storage batteries and grid feed in inverter will be covered by a mix of direct grant from SEAI and community funds from commercial enterprises who make contributions into the scheme. We will fund the residual costs of around €5000 ourselves. If and when we receive the formal approval, I am told the installation should commence in October or November. Given the large additional cost of our electricity this year the mitigation offered by the panels will be most welcome this winter!



West Wing Development

While the West Wing is a lovely unfinished space, useful for the Christmas Fair and other such activities, our plan is to refurbish the space and bring it up to a standard and usefulness similar to the existing East Wing. As soon as funding becomes available to us, we expect the detailed design and build to take round 15-18 months and would provide roughly 50% more space. As we are frequently turning away prospective community activity groups and agencies such as the HSE looking for training and community interaction space, we believe the additional space available to the growing town of Ballincollig would be quickly filled and would generate additional revenue for our outreach activities and staff.

Bill Lane

Pause for Tea, Coffee and a chat.



When: Thursday Afternoon from 2pm
October 5th

Where: Foyer space in the Carraig Centre.

No Need to bring anything, (its not Bake-Off)!

All Welcome!



It is unfortunate that we use the word "love" in many different contexts in the English language. It is used as the one word to fit all occasions in a sense. The love for our parents, best friend, romantic partner, grandparents, siblings and from people unto things like our job, car, mobile phone and so on. Other words indicating love seem to have dropped down the list in the use of everyday use of the English language. Words like adore, affection, fondness, passion, devotion, sweetheart, amity and even charity.

The Ancient Greeks had eight words that corresponded to distinct types of love that would be particularly useful if we used them or their equivalent in the present times.

Eros (romantic, passionate love) The first kind of love is Eros, named after the Greek God of fertility. Eros is passion, lust, and pleasure.

The ancient Greeks considered Eros to be dangerous and frightening as it involves a "loss of control" through the primal impulse to procreate. Eros is an intense form of love that arouses romantic and sexual feelings.

Philia (affectionate love) The second type of love is Philia, or friendship. Plato felt that physical attraction was not a necessary part of love, hence the use of the word platonic to mean, "without physical attraction."

Agape (selfless, universal love) The third is Agape, selfless universal love, such as the love for strangers, nature, or God. This love is unconditional, bigger than ourselves, a boundless compassion and an infinite empathy that you extended to everyone, whether they are family members or distant strangers.

Storge (familiar love) Storge is a natural form of affection experienced between family members. This protective, kinship-based love is common between parents and their children, and children for their parents. Storge can also describe a sense of patriotism toward a country or allegiance to the same team.

Mania (obsessive love) When love turns to obsession, it becomes mania. Stalking behaviors, co-dependency, extreme jealousy, and violence are all symptoms of Mania.

Ludus (playful love) The Ancient Greeks thought of Ludus as a playful form of love. It describes the situation of having a crush and acting on it, or the affection between young lovers.

Pragma (enduring love) Pragma is a love built on commitment, understanding and long-term best interests.

It is a love that has aged, matured, and about making compromises to help the relationship work overtime, also showing patience and tolerance.

Philautia (self-love) The Greeks understood that to care for others, we must first learn to care for ourselves. As Aristotle said, "All friendly feelings for others are an extension of a man's feelings for himself."

St Peter's discussion meeting—22 October

Robert will hold a meeting with the congregation of St Peter's after the service on Sunday 22nd October to discuss issues around St Peter's.



Do you smile when you see the antics and discoveries that toddlers and babies experience as they learn about play, sharing, and engaging with others?

Do you get energized meeting new people and carrying on conversations?

Do you relish the opportunities to speak of the goodness of God?

Do you enjoy tidying up, or finding the missing piece to a puzzle, or enjoy the challenge of figuring out how to put back in a cupboard all that came out of it?

If you can answer "yes" to any of these questions, then we have a spot for you to serve in Sparks, our Toddler group!!!!

We are looking for adults who can help us on Friday mornings, at the Carraig Centre. We start setting up around 9 am and finish just around 12 noon. If you can't be there the whole time but part of the time, that is o.k. If you can't serve each week, that is o.k. also! We are especially in need of helpers mid-October through November.

We do ask that each person goes through the Church of Ireland's Safeguarding Trust training including Garda vetting. But we will assist you in getting all of that done. If you have already done the training and could serve during the October and November time, but not give a lengthy commitment beyond that, we could use your short-term availability!

If you can help us out, please contact Kathy Hohnbaum at khohnbaum@serge.org
Or call 0857450181.

The busy pace of our daily lives squeezes out our ability to draw near to God, enjoy his presence and listen to him. Through the ages Christians have experienced the Lord presence in the midst of silence, solitude and reflection.

Come to the Quiet Day, focused on prayer, reflective meditation on Scripture, time alone, and group conversation. Return home with a greater sense of God's presence and his direction for your life.



SATURAY 28 OCTOBER 10 AM - 2 PM

October 2023 Sunday Worship

in

Carrigrohane Union of Parishes

For links to online services—check out
www.cupcork.ie/hall



Calendar for October

Date	St Peter's Carrigrohane	The Carraig Centre, Ballincollig	St Senan's, Inniscarra	The Church of the Resurrection, Blarney
1.10.23	10 am Morning Prayer	11 am Sunday AM with Holy Communion		11.30 am Holy Communion
8.10.23			10 am & 11.30 am Harvest Celebration	
15.10.23	10 am Family Service	11 am Sunday AM		11.30 am A Service of the Word
22.10.23	10 am Holy Communion	11 am Sunday AM 3.30 pm	11.30 am A Service of the Word	
29.10.23		11 am United Service with Bring & Share lunch		