

## Activities for Lighthouse at Home Sunday 25<sup>th</sup> October 2020

Theme: Love and obedience

Bible Story: Jesus, as a boy, is lost but found in Jerusalem speaking to the religious leaders.  
Luke 2:41-52

### Activity 1

Follow the commands. One person reads the commands and either (1) everyone else does that command OR (2) the person reading decides on one person to follow that command and then reads the next one and gets another person to do that etc

List of suggested commands for this activity (you may add your own or come up with an entirely different list if you like)

- Find a pencil and bring it back here
- Shut/open the door
- Do 10 jumping jacks
- Stand on one foot while I count to 10
- Make a tower from cushions/bricks/books (or other items you have to hand)
- Sit and don't speak for 1 minute
- Write your name with your eyes closed
- Balance a book (or other item) on your head for 30 seconds
- Touch your toes 6 times
- Say the first word that come into your head when I say 'rainbow'

To be obedient we need to do what we are asked to do. The Bible is full of stories about what God wants us to do. You might think of The 10 commandments or when Jesus said 'You must love the Lord your God with all your heart, all your soul, and all your mind. This is the greatest commandment. A second is equally important: Love your neighbour as yourself. All the other commandments of the prophets are based on these two commandments.' (Matthew 22:37-40) But every story in the Bible has something to tell us about how God wants us to live and behave. Can you think of some things we are all being told to do at the moment to keep everyone safe?

### Activity 2

Create a picture to show how God loves you and all the people of the world. There are lots of different ways you might like to do this.

- You could write 'God Loves me' at the top of the page and find a photo of yourself and add it to your picture and then draw lots of things about you all around it.
- Or you might put 'God loves me and everyone everywhere' and add a photo of yourself and a picture of the world and lots of people
- Or maybe you might have no words and just have a picture of you and lots of other people cut from magazines or drawn by you

You can be as creative as you like while doing this activity.

As you are working on this, you might like to think about the chorus of God's Deep Love and maybe even sing it together.

God's deep love, always there  
God Loves everybody, everywhere

Maybe you would like to take a photo of your pictures and send them to [lighthouse@cupcork.ie](mailto:lighthouse@cupcork.ie) to share with us.

### Activity 3

This activity is a science experiment.

You will need: a variety of solids and liquids (examples: sugar, salt, soap flakes, hand cream, baking soda, fruit juice, pepper, flour – you don't need all of them but make sure to have some that will dissolve in water and some that won't)

Glasses of water – the same number as items above

A spoon for each glass

Labels (1) 'Suspension – a mixture where you can still see the substance' (2) a solution – a mixture where it combines completely with the water and you can't see it

You are going to have some fun testing which things will dissolve in water. Choose your first substance and mix a little into the first glass. Stir it really well. Does it mix in a disappear? Have you stirred it long enough if not? Put it under the correct label

Do the same with each substance? You could try to predict what will happen before you mix the substance into the glass of water.

You will find that some substances mix into water completely forming a solution and other don't, they are just suspended in it forming a suspension. So which are we like? Do we mix in with the crowd and go along with any wrong things that are happening just so we don't stand out? OR do we stand up for what is right and stand out from the crowd? Jesus says to us all to shine our light so all can see it, that is be different, do the right thing, and show people God through our actions and words. **'You are the light of the world – like a city on a mountain, glowing in the night for all to see. Don't hide your light under a basket! Instead, put it on a stand and let it shine for all. In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.'**  
**Matthew 5: 14-16**

### Activity 4

Follow this simple recipe, or use a favourite one of your own, and create something to share together. You could make some extra and share it with another family to let them know you are thinking about them at this time.

Goopy Rice Krispie Tray bake (makes about 20 – depending on the size you want to cut them)

Ingredients: 50g margarine, 80g marshmallow, 100g Rice Krispies cereal

Method: Melt the margarine and marshmallows in saucepan over a low heat. Stir as they melt. Place the Rice Krispies in a large bowl and pour the melted marshmallow mixture over them and stir

making sure they combine well. Then place them in a greased tin (approx. 20 X 30 X 2cms). (Spoon the mixture into bun cases if preferred). Place in the fridge for 30minutes to 1hour. Cut them into squares and enjoy

As you work talk about how it is important to obey rules. What do you think it would be like if nobody obeyed any rules? What rules can you think of that you need to obey? Are there rules you don't like? And can you think of some that you don't mind following? Do you think there are rules we follow without even thinking about them?

At the end of today's Bible story it says 'Then he returned to Nazareth with them and was obedient to them, and his mother stored all these things in her heart. So Jesus grew both in height and in wisdom, and he was loved by God and by all who knew him.' Luke 2: 51-52